

Meals on Wheels Volunteer Role Description

District area	Thirsk and surrounding villages
Volunteer Role Title	Meals on Wheels Volunteer
Volunteer Role Description	The volunteer would support the meals on wheels team by delivering 2 course hot meals to local homes in Thirsk and villages. Expenses will be reimbursed at 45p per mile.
Where the role can be done	By car – delivering meals to homes in Thirsk and surrounding area
Skills we are looking for	<ul style="list-style-type: none"> • Understanding of the needs of older people • Empathy and compassion, patience • Good communication skills • Able to drive a car is desirable but not essential
Remuneration	45p a mile to cover travel costs
DBS Check will be required	YES
Minimum time commitment required	2 hours per month
Times the role can be undertaken	Monday –Friday lunchtime 12- 2pm. The volunteer can choose what days they would like to deliver – this can be from every day, once a week, once a fortnight or once a month.
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