

## Carers Sitting Service Volunteer Role Description

|                                   |   |
|-----------------------------------|---|
| <b>Volunteer Role Title</b>       | Volunteer Sitter  |
| <b>Location</b>                   | In the local community and in the client's home.  |
| <b>Volunteer Role Description</b> | <p><b>The aim of this role is:</b></p> <ul style="list-style-type: none"> <li>• To give carers a break, knowing that their relative or friend they look after is in safe hands.</li> <li>• To provide support and a listening ear to carers.</li> </ul> <p>The service is provided to both adults and disabled children.</p> <p><b>Role Description</b></p> <ul style="list-style-type: none"> <li>• To provide a sitting service.</li> <li>• To make basic refreshments.</li> <li>• To report to the Coordinator any changes of circumstances or area of concern.</li> <li>• To inform the Coordinator of any training needs.</li> </ul> |
| <b>Skills we are looking for</b>  | <p><b>Essential:</b></p> <ul style="list-style-type: none"> <li>• Empathy with issues relating to carers.</li> <li>• Commitment to our Confidentiality Agreement.</li> <li>• Commitment to our Equal Opportunity Policy.</li> <li>• Honesty.</li> <li>• Non-judgemental approach.</li> <li>• Willingness to attend training arranged by the co-ordinator.</li> </ul> <p><b>Desirable:</b></p> <ul style="list-style-type: none"> <li>• Willingness to keep a record of dates and times of sittings on timesheets provided and to claim authorised out of pocket expenses.</li> <li>• Confidence and Assertiveness.</li> </ul>             |
| <b>Remuneration</b>               | 45p per mile to cover travel costs  |
| <b>DBS Check will be required</b> | Yes   |
| <b>Times commitment</b>           | As much or as little time as the volunteer is able to give.   |

As a guide current volunteer spend the following amount of time carrying out this role:

- 1 hour a week
- up to two or three hours, two or three times a week

**Contact Name**

Gill Burn, Coordinator for Adults  
Jane Wilson, Coordinator for Children

**Contact Details**

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